

LIVING

SMART

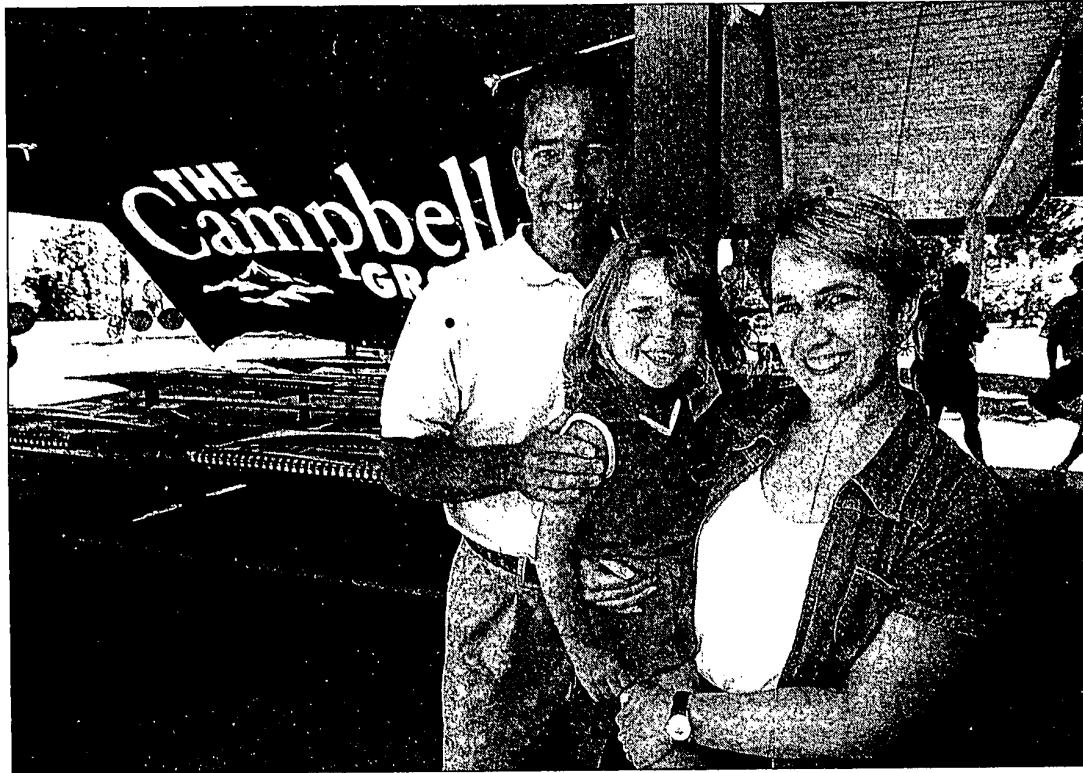
LIVING SMART PAGES

- Monday: HEALTH & FITNESS
- Tuesday: PETS
- Wednesday: FASHION
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- Friday: HOME TECH
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INSIDE LINE

How do you like today's Smart page coverage? Call us on The Oregonian's Inside Line, a free service inside the local calling area, by calling 225-5555 from a Touch-Tone telephone, then enter 6693 and leave us a message.



CAROLE ARCHER/for The Oregonian

Macy, Julie and 4-year-old Claire Lawrence enjoy the Campbell Group's summer picnic at Blue Lake Park.

CPA SUBTRACTS ONE WORKDAY AND ADDS TIME WITH DAUGHTER, LOYALTY TO COMPANY

■ **FAMILY:** Macy Lawrence, 39, Julie Lawrence, 34, and Claire, 4. They live in Southwest Portland. Julie is a certified public accountant for the Campbell Group, and Macy is an accounting manager for Nike.

■ **FAMILY CHALLENGE:** Even before Claire was born in 1993, Julie decided she wanted to continue working afterward. "It's a big decision for most women," she said. "For me, fortunately, it wasn't financial; it was a very personal decision. I am challenged at work, and I get a lot out of my work."

While Julie was pregnant, she and Macy determined it would be best for their family for Julie to return to work at 80 percent of full time, a four-day week. Julie took a two-month maternity leave, then returned to work slowly to ease the transition for Claire. She worked two days a week for a month, then three days a week for a month.

Now she works a four-day week. The schedule allows Julie and Claire to spend Fridays together, building their relationship. "That's the most important thing," Julie said. "But it also allows us to go to



the house, so when the weekend comes we can spend it as a family."

■ **FLEXIBILITY:** Julie believes her schedule works because both she and

her employer are flexible. When she reduced her work time, the company adjusted her responsibilities so she would not have to pack five days' work into four days.

"It's a two-way street," she said. "I take responsibility for what I know needs to get done, and I make sure it gets done."

Julie said other family-friendly practices at the Campbell Group include allowing employees to use paid leave to stay home with sick children and encouraging employees to attend school functions such as parent-teacher conferences. The company also throws several family get-togethers each year — a holiday party, a river cruise and a summer

picnic.

"I see how important my family is, and I value the fact that my company sees that, too," said Julie.

■ **GOOD FOR BUSINESS:** Julie is not the only one who appreciates the family focus at the Campbell Group. In 1997, Children First for Oregon, a nonprofit network of advocates for children and families, awarded the company one of its Families in Good Company awards for effective family-friendly policies and practices.

■ **FAMILIES IN GOOD COMPANY AWARDS:** For information, call Children First for Oregon, 294-1456.

— Erin Riley

If you know a family that has met a challenge, send name, address, daytime phone number and a short description of the solution to Erin Riley, The Oregonian Family and Education Team, 1320 S.W. Broadway, Portland, Ore. 97201.

CALENDAR

- PARENTING EDUCATION:** "Understanding Your Toddler's Behavior" with behavioral pediatrician David Willis and "Understanding Your Preschooler's Behavior" with child psychologist Denny Charton will be classes offered at Emanuel Hospital, 2801 N. Ganntenbein Ave., beginning 6:30-8:30 p.m. Oct. 6. Cost is \$55 per person/\$70 per couple. Registration required: 335-3500.
- BABY-SITTING CLASS:** The American Red Cross will offer an eight-hour baby-sitting course for youth ages 11 and older, covering responsibilities, job interviews, child development, accident prevention and what to do in an emergency. Two-class sessions will be 9 a.m.-1 p.m. Saturday and Oct. 3 at Oregon Trail Chapter, 3131 N. Vancouver Ave. 280-1440.
- TRYON CREEK ACTIVITIES:** Friends of Tryon Creek State Park will offer a Nature Club meeting 4-5 p.m. Tuesdays where kids can explore aspects of the park with a naturalist and develop projects. Watershed Workings will be a four-part workshop to help kids understand what a watershed is and how it works, 4-5:30 p.m. Thursdays. Both activities are for grades 4-6. Preregistration is required. 636-4398.
- VIRTUES PROJECT WORKSHOP:** Barbara Waldron, facilitator of the Virtues Project, which teaches how virtues from sacred texts can be used to set boundaries and approach moral development, will present the program "Raising Morally Responsible Children in a Changing World," 9 a.m.-4 p.m. Sunday and Monday at the Teacher's Space, 2755 N.E. Broadway. 285-4663.
- CIRCUS ON THE HILL:** Ringling Bros. and Barnum & Bailey "Circus on the Hill" will return 10 a.m.-12:30 p.m. Friday at Doernbecher Children's Hospital. Five groups of performers will travel through the new hospital, running workshops on juggling, face painting and clown gags.
- PARENTING TEENS:** The Children's Program, 7707 S.W. Capitol Highway, will offer "Parenting Teens With Love and Logic," 7-8:30 p.m. Wednesday as the second in a series of workshops for parents on Wednesdays through Nov. 11. Each workshop is \$10. 452-8002, Ext. 5.